

IC Memorandum 15-21



Commonwealth of Kentucky
Personnel Cabinet
Department of Employee Insurance
2nd Floor, State Office Building
501 High Street
Frankfort, Kentucky 40601

Website kehpn.ky.gov

To: KEHP Insurance Coordinators (ICs)
From: Department of Employee Insurance (DEI)
Re: Wellness Leader Conferences – Still Time to Register
Date: July 20, 2015

Wellness Leader Conferences held across the state to date have been a huge success.

Don't miss out on your opportunity to participate in the HumanaVitality Wellness Leader Conference in your area – there is still time to register. Spend the day with the HumanaVitality Engagement team sharpening your HumanaVitality and worksite wellness skills.

Education topics will include:

- ✓ Basic HumanaVitality instruction
- ✓ Fitness device and app usage
- ✓ Challenge platforms
- ✓ Worksite wellness strategies

Lunch and snacks will be provided.

We need your assistance to grow KEHP's LivingWell program - please register for an upcoming event near you by clicking on this link: [Register Here](#).

Event Dates (Events will be approximately 9am-3pm each day)

- Johnson - July 23rd
 - KCTCS Big Sandy (Paintsville)
- McCracken - July 28th
 - Western Kentucky Community and Tech College (Emerging Technology Center)
- Hopkins – July 30th
 - Madisonville Community College
- Jefferson – August 4th
 - Waterfront Plaza East (10th Floor)
- Franklin – August 18th
 - Kentucky State Office Building Auditorium

Note: KEHP medical membership preferred but not required (waivers do not have access to HumanaVitality but have made great wellness champions in the past).

